

T-255, Great Falls District, NCAC Float Plan, CANOE TREK MAY 3&4, 2008

**Unit:** T-255                      **District:** Great Falls      **Council:** NCAC  
Unit Leader: H. Keith Pierce      Telephone: 301-951-5290  
Date Departure: May 3, 2008 \_\_\_\_\_ Date Return: May 4, 2008

Check all that apply below:

Afloat Activity:       Lake               River-moving water               Ocean  
**Boating Craft:**       Canoe               Kayak               Raft               Power boat  
 Rowboat       Sailboat       Sailboard       Inner tube

**Qualified Supervisors:** Boy Scouts, Varsity Scouts and Venture Scouts:  
1 supervisor for every 10 participants, minimum of 2. If guide state "guide".

#1: **Name**                      H. Keith Pierce    **Age**    55  
Training:  
Safe Swim      Exp: 6/9/2008    1st Aid Exp: 6/15/2010  
Safety Afloat      Exp: 6/9/2008    Whitewater (if whitewater)      Training  
CPR              Exp: 6/15/2008    Date: \_\_\_\_\_

#2 **Name**                      **Thomas A. Rose**    **Age**    60  
Training:  
Safe Swim      Exp: 8/28/08    1st Aid Exp: 07/06/09  
Safety Afloat      Exp: 8/28/08  
CPR              Exp: 9/22/2009  
Whitewater (if whitewater)      Training Date: \_\_\_\_\_

#2 **Name**                      Charles V. Murphy    **Age**    44  
Training:  
Safe Swim      Exp: 4/10/2010    1st Aid Exp: 3/15/2011  
Safety Afloat      Exp: 4/10/2010  
Whitewater (if whitewater)      Training Date:  
CPR              Exp: 3/15/2009    \_\_\_\_\_

#4 **Name**                      \_\_\_\_\_    **Age**    \_\_\_\_\_  
Training:  
Safe Swim      Exp: \_\_\_\_\_    1st Aid Exp: \_\_\_\_\_  
Safety Afloat      Exp: \_\_\_\_\_    Whitewater (if whitewater)      Training Date:  
CPR              Exp: \_\_\_\_\_    \_\_\_\_\_

FLOAT PLAN FOR TROOP 255 CANOE TREK MAY 3&4, 2008:

This trip goes “rain or shine”. No cancellations or refunds except by the Outfitter for safety reasons.

EMERGENCY CONTACTS:

**On Trip:** Tom Rose, Cell 301-807-6441

Shenandoah River Outfitters, 800-622-6632, 540-743-4159

(We are Troop 255; Trip organizer is George Whitmeyer, Float Plan prepared by Keith Pierce, Tour permit filed by Keith Pierce)

**At Home Base:** In Chevy Chase, Jane Rosenquist, Home Tel: 301-652-4269,  
Cell 240-731-6191

In the case of an emergency or major change to the trip plan, the Trip Crew will call this number and leave a message.

EQUIPMENT:

**Boats and Paddles:** Shenandoah River Outfitter will provide Coast Guard approved canoes and paddles (see contact information below).

**Safety Equipment:** Outfitter will supply river route maps and Coast Guard approved Personal Floatation Devices (PFDs)(read life jackets). **TROOP WILL ENFORCE WEARING OF PFDs BY ALL PARTICIPANTS, ADULTS AND YOUTH, AT ALL TIMES WHILE ON THE WATER.** Troop will supply throw lines, first aid kit, water purification, and cell phone.

Individuals should bring on the water:

Carry (\* indicates items that should be packed in zip-lock bags):

- \_\_\_ Day pack or dry bag to hold below items
- \_\_\_ \*Any needed medications (Epi-pens, inhalers, etc)(**INFORM ADULT LEADER**)
- \_\_\_ Water (at least one quart)
- \_\_\_ \*Snacks for Saturday and Sunday while on the water
- \_\_\_ \*Ready-to-eat lunch for Saturday (we will stop mid-day to eat on shore)
- \_\_\_ \*Towel
- \_\_\_ \*Change of clothes (in case you fall in and it is cold)
- \_\_\_ Rain gear (there is always a chance of rain no matter what the forecast)
- \_\_\_ Sunscreen, hat(s) for sun and cold
- \_\_\_ Whistle (need enough for 1 per boat)
- \_\_\_ Bailer fashioned out of plastic gallon drink bottle (need 1 per boat)
- \_\_\_ Bug Repellant

Note: Items for evening camping will not be transported with the canoes, but will be pre-positioned at our campsite. For what to bring for camping, refer to Troop standard pack list available on the Troop web site at <http://www.t255.com> click on PACK LISTS. Make adjustments to list for the following conditions: We will not be backpacking – this will be “car

camping”, but still requires ¼ mile hike. Water will be available at the campsite. Stoves, lanterns, tarp will be provided by the Troop. Plan for nighttime temperatures as low as 32 degrees F.

**Wear:**

- Warm clothes (wool the best) & jacket, if cold weather is expected  
(Outfitter will supply wet suits if needed)
- Swim suit/shorts and T-shirt, for warm weather (Troop T-shirt if you have one)
- Hat
- Rubber soled footwear (water shoes, sneakers/tennis shoes)
- Gloves (for blister prevention)
- Sunglasses (optional)
- Band or string to secure your glasses to your person

**Do Not Bring:**

- Valuables you cannot afford to lose (valuables may be left in vehicles).

**NOTE:** Parents should let the Trip Leader, know of any medication needs or any medical concerns. The parent and Leader must agree on a plan for individuals with special medical needs prior to the trip.

**Additional Items to be Carried by Troop Adult Leaders:**

- \*First Aid Kit
- \*Cell Telephone
- \*Car keys
- Throw Bags
- Water Treatment (3 bottles of Polarpure)
- \* Roster with emergency telephone numbers
- \*Copy of this float plan
- U-Dig-It
- Cameras

**Outfitter:** Shenandoah River Outfitters, Inc, Luray, VA, telephone 800-622-6632, 540-743-4159, [canoes@shenandoahriver.com](mailto:canoes@shenandoahriver.com), [www.shenandoahriver.com](http://www.shenandoahriver.com)

**PERSONAL AND TROOP RESPONSIBILITIES:**

- (1) All participants must be capable of passing the BSA Swim Test and be in good health (1<sup>st</sup> level of protection).
- (2) US Coast Guard approved Personal Floatation Devices (provided by outfitter) must be worn by all participants (adults and youth) whenever on the water. **PFDs must be worn and completely secured at all times when on the water (this means they must be properly zipped, buckled, etc)** (2<sup>nd</sup> level of protection).
- (3) Buddy system will be used. The occupants of each canoe will be buddies, responsible for the health and well being of each other. We will also employ the concept of buddy-boats, in

which each boat will have another boat aware of its situation and prepared to lend assistance immediately when needed. **At all times we will maintain visual or audible communication between the lead boat and the trail boat** (3<sup>rd</sup> level of protection).

(4) US Coast Guard approved canoes, capable of self-floatation of the canoe and maximum permitted occupants when swamped, will be used (provided by outfitter)(4<sup>th</sup> level of protection).

(5) A minimum of 3 Troop adult leaders in attendance will be over 21 years of age, and trained in Youth Protection, Safety Afloat, Safe Swim Defense, Red Cross First Aid, and Red Cross CPR (5<sup>th</sup> level of protection).

(6) The adult leaders (21 years old or older (actually much older)) will provide mature and conscientious supervision to insure that the Youth leadership maintains a fun, but disciplined atmosphere at all times (6<sup>th</sup> level of protection).

(7) BSA policy prohibits use of alcohol at any BSA activity, anywhere and at any time. Troop policy prohibits use of tobacco products at any Troop activity within sight of youth. BSA Youth Protection policies and procedures will be adhered to at all times. Guidance provided in the BSA Guide to Safe Scouting will be adhered to at all times (7<sup>th</sup> level of protection).

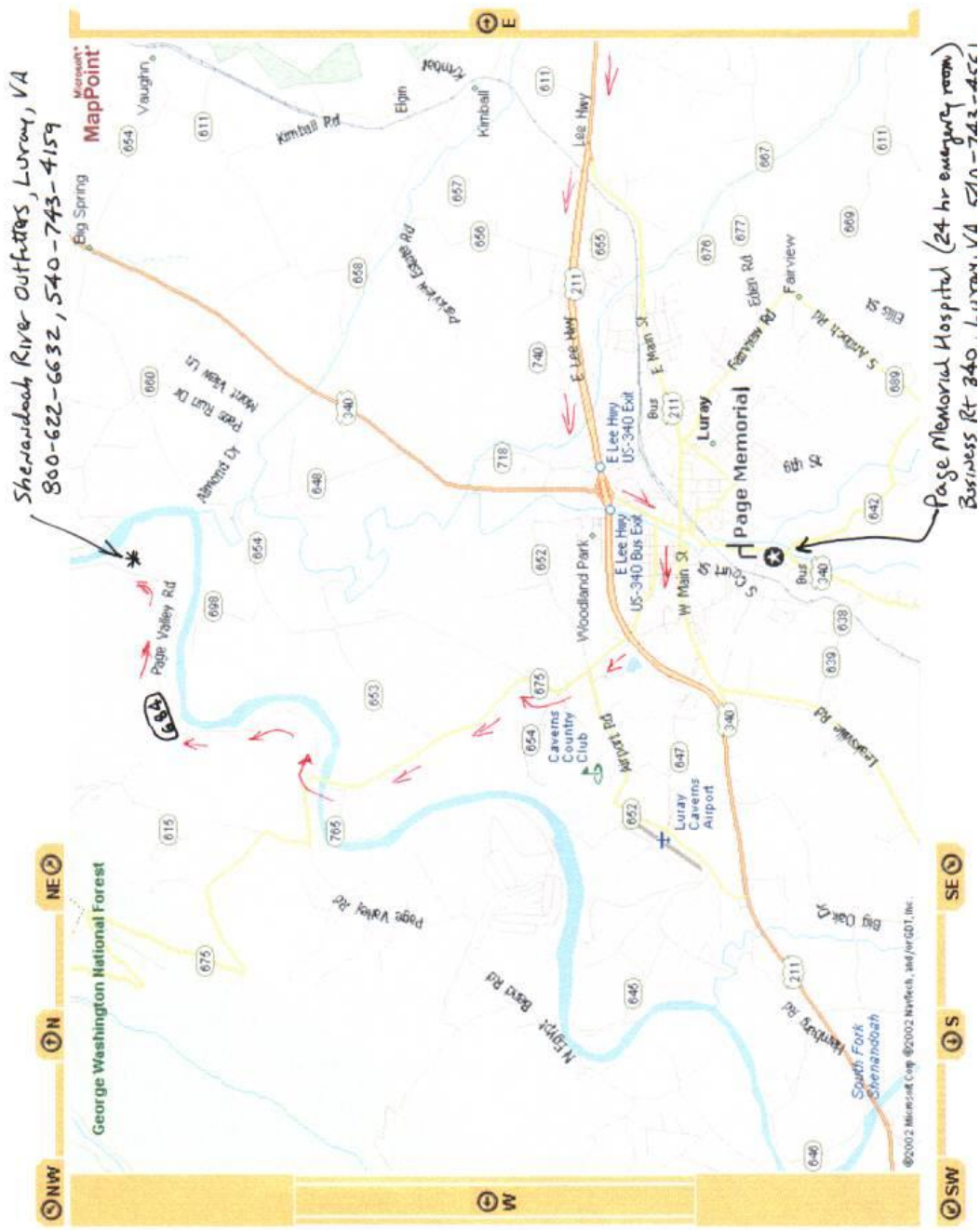
(9) A Troop permission slip, signed by parent or guardian, is required for each Scout. Also an Outfitter permission slip is required for each participant. For minors, parent or guardian must sign the Outfitter permission slip. A parent or guardian must accompany any youth, who is not a Scout, or a potential new Scout, or who has not passed the BSA swim test. In cases covered by the last sentence, the parent or guardian assumes all responsibility for the safety of the youth.

#### CONTINGENCY PLANS:

Health Emergencies: Contact Shenandoah River Outfitters: 800-622-6632, 540-743-4159, or CALL 911, or Transport to nearest hospital (see next)

Nearest Hospital: **Page Memorial Hospital**, Luray, VA 22835, 540-743-4561 (24-hour emergency room)(information verified as accurate 4/26/04)(SEE ATTACHED MAP)

Change of Plans: Contact Parents directly or In Chevy Chase, Jane Rosenquist, Home Tel: 301-652-4269, Cell 240-731-6191.



## HOW TO FIND Shenandoah River Outfitters

Directions from D.C. Area: Beltway 495 to 66W to Exit 43A at Gainesville. Take Rt 29 South to Warrenton. Follow signs to Rt 211 W to Luray. In Luray (follow signs for Shenandoah River Outfitters), take 2nd Exit --340 South Business 200 yards. Turn right onto Rt 675-Mechanic St --name changes to Bixler's Ferry Road--(if you come to the stop light, you went too far). Go 4 miles; cross Shenandoah River, turn right on Rt 684 (S. Page Valley Road), go 6.5 miles to Outfitters on the right. We're 90 miles from D.C.Beltway. Please park in parking lot behind Store.



TRAVEL ROUTE ON WATER (refer to map on next page):

9:00 AM Saturday: Arrive Shenandoah River Outfitters, Inc, Luray, Virginia (see included directions and map).

9:00-10:00 AM Saturday: Receive safety and trip instruction briefing from outfitter. Pre-position vehicles with camping gear at the location of Saturday night's camp at Good's Falls in George Washington National Forest (mile #13).

10:30 AM: Outfitter will transport our party, with our personal canoe/day bags to our put-in point at Low Water Bridge, Inskeep Boat Landing (mile #1). Start trip, proceeding North with the river flow. (Yes, the river flows south to north.)

1:00 PM: Stop for lunch at Bealer's Ferry (mile # 8).

4:30 PM: Planned arrival at Saturday campsite at Good's Falls in George Washington National Forest (mile #13). This allows plenty of time to make camp, and prepare dinner before dark at 8 PM. This also allows plenty of daylight safety margin should the trip take longer than expected.

7:00 AM Sunday: Awake. Make & eat breakfast & break camp.

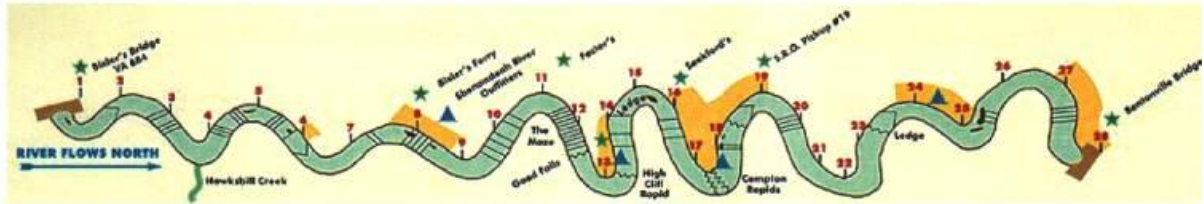
9:00 AM: Launch boats and continue our canoe trip North with the river flow to our ultimate destination at #19 Shenandoah River Outfitters' pick-up point.

NOON: Arrive #19 Shenandoah River Outfitters' pick-up point.



**SHENANDOAH RIVER OUTFITTERS, INC., LURAY, VA (800) 6 CANOE 2**

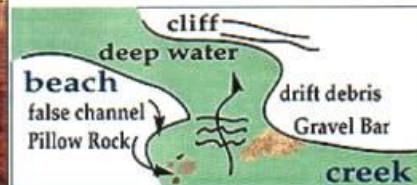
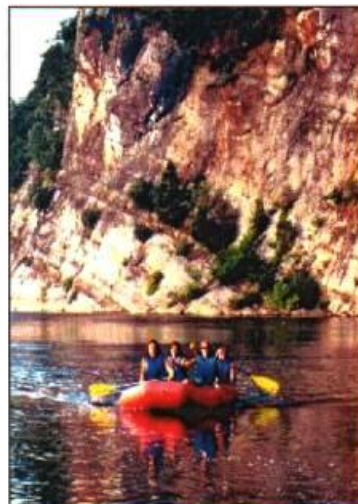
**Shenandoah River Outfitter's River Map**



You will be given a map at the Outfitters when the staff goes over your trip with you.

# 1 Low Water Bridge	Inskeep Boat Landing	(VA Game)
# 8 Bealer's Ferry	Boat Landing	(G.W. National Forest)
# 11 Foster's	Boat Landing	(VA Game)
# 13 Good's Falls	Boat Landing	(G.W. National Forest)
# 16 Seakford's	Boat Landing	(G.W. National Forest)
# 17.5 Compton's Rapid	(right bank private)	(left bank G.W. National Forest)
# 19 SRO's Pickup	Boat Landing	(end of 1 day trips)
# 28 Bentonville	Boat Landing	(end of some 2 day trips)

- [Canoe, Kayak Raft & Tube Rentals](#)
- [Camp Out Back Campground](#)
- [Bella Vista Cottage & River Cabins](#)
- [Directions and Weather and Frequent Questions](#)
- [Online Reservation Request](#)
- [Riverside Lunches & Steak Dinners](#)
- [River Trips, River Information and River Map](#)
- [Fishing Information](#)
- [Canoes-for Sale-new & used-Shenandoah Canoe Company](#)
- [Liability Statement](#)
- [Luray & Page Co Attractions and Lodging and Food](#)



Golden Rock Cliff at the base of Compton's Rapid # 17.5 Map of Compton's

Please read [Sample River Trips](#) and [River Trip Tips](#) to start planning your next river outing!